**The WLA Coachathon – Your Coaching Gift**

We are supporting the third global WLA Coachathon, a 24-hour coaching marathon, for charity, taking place on Wednesday 16th November 2022.

**You have been gifted a coaching session – find attached your e-gift card.** This means you can access a 45-minute complimentary coaching session with a coach of your choice. All the coaches are experienced, many holding certifications in coaching.

Coaches give their time for free so that anyone, anywhere can book a coaching session by making a donation to [MicroLoan Foundation](https://www.microloanfoundation.org.uk/). We have already made a donation on your behalf, so you can book your coaching session for free. With this fundraising, women in Malawi, Zambia and Zimbabwe can build a profitable business, so they can provide food, clothes, and healthcare for their families. They can afford to send their children to school.

You can choose from over 200 available coaches offering their support in leadership, confidence, careers, resilience and much more. **To book your session, visit** [**www.coachathon.thewla.com**](http://www.coachathon.thewla.com) **and follow the instructions on your e-gift card.**

If you’ve not experienced coaching before, this is a fantastic opportunity to receive tailored personal development. The coaching is completely confidential, focused on breaking through blocks and goal planning / achievement.

It is highly likely the event will sell out, so we encourage you to book your coaching session early.

If you have any questions, or would like to find out more about the event, please visit: <https://coachathon.thewla.com/corporates-2022/>